# Al Indah!

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### Celestial Atonement By H.P. Ptah Ra



As we move through the period of the year (September 21<sup>st</sup> – December 20<sup>th</sup>) where we are called upon to make adjustments and fine tune our plans for living, achieving, and moving forward; as we correct our errors of the past year, as we examine our failures and shortcomings; and as we atone for our transgressions of the law over the previous nine months; let us remember to do so with reverence and a great respect for the law (MAAT) which keeps everything in perfect balance. This time of the year is the time to add to the scales of Divine Justice those things that we wish to have multiplied in our lives over the coming year beginning December 21<sup>st</sup>, and it is also time to remove from the scales those things which we do not want to have in our lives over the coming year. That would be things such as

our errant thoughts, low evil and undeveloped desires (if any), short comings, failures, and all other negative things.

Under our ancient personal and national spiritual and personal development systems, and Fahamme our new system, this is the time of the year when each individual (alive or deceased) presents themselves before the forty-two gods in the hall of truth. The forty-two gods in the hall of truth were the spiritual powers of all the people of the land of Khem. And that remains the case today. So, now as then, the person who succeeds in satisfying the forty-two gods of their innocence (that is they have not violated any of the affirmations that they recite daily), might well be proclaimed "just or true" before the whole country. Our ancestors used a minimum of forty-two daily affirmations as attested to in the Pert Em Heru.

During this time of the year the Sun is personified as Osiris, the just judge of the closing of the season (or session). He rewards with bountiful harvest those who sowed wisely and properly (that is those that had righteous thoughts and good deeds) during the prior

session. And he exacts punishment to those who did not sow wisely and properly, that is those who harbored unrighteous thoughts and performed bad deeds; those people will meet with net failure and disappointment in the things that they unwisely ventured into.

This is the time of the year to make preparations for improvements and advancements in our lives. It is the time when we must put conscious effort into developing a blueprint that will guide our actions and illuminate our minds during the coming year. It is the time for planting the seeds in our souls and conscience for the crops we intend to harvest next season. To that end let us now begin to embrace the instructions of the Holv Fahamme Rasool and develop affirmations to be used daily to guide our growth and spiritual development. There is no limit to the number of affirmations a person may actively employ at any one time. The record shows that our ancestors stated at least forty-two each day. Our own number may be more or less but they should reflect the growth and guidance we are desirous of achieving.

Let me give a broad guide

to follow on the formulation of affirmations. Affirmations should be written in the first person. This means the use of the word 'I' a lot in your affirmations. Why? Because you cannot affirm behavior for another person. An example of a correctly formulated affirmation would be: "I have perfect health", or "I am in perfect health". Notice also that the objective of the affirmation is stated as having already been achieved. Therefore you would not say "I will become healthy or healthier" as that statement is not Albach is emphisoring of the Fahrence Tembers of Entopian Kheniwa S completion and achievement. One number of source are welcomed. Address questions to the editor of your choice. The purpose available of dwide. Making affirmations daily is program or to reprogram your subconscious mind to begin or to continue to bring about the condition(s) in your life as you just described it. The subconscious mind does evaluate, nor does it judge, it only carries out instructions given to it by the conscious mind. It is the conscious mind that must evaluate and determine the appropriateness instruction to bring about a changed reality in your life. So you must think clearly, deeply and long about the things that you will affirm for your life and journey through the coming year. Be ever

mindful and guarded against the negative statements that we sometimes make in the moment of confrontation and shortcomings. Statements such as "Man! That was a stupid move. I am such a dummy". The statement "I am such a dummy is an affirmation and when stated with sincerity and fervor, it becomes an instruction to the subconscious to not only allow more errors, but to allow them more frequently.

As always, the Fahamme priesthood is standing ready to assist you with any difficulty you experience in implementing the tenants of the program.

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Selah!

### Seven Cardinal Goals of Traditional African Education

- 1) To develop the child's latent physical skills.
- 2) To develop character: (the gods are mild in manner and in speech, etc).
- 3) To inculcate respect for elders and those in positions of authority (do not revile the gods nor curse the rulers of the people).
- 4) To develop intellectual skills (have discourse with the sages of our society).
- 5) To acquire specific vocational training and to develop a healthy attitude towards

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- honest labor (an angel or spirit for each trade).
- 6) To develop a sense of belonging and to encourage active participation in family and community (Temple) affairs.
- 7) To understand, appreciate and promote the cultural heritage of the community at large (The Fahamme Culture and programs).

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#### **Upcoming Events**

Every Friday, 2010, 7:00 pm

Study Session and Salat with Chela Priest Khalid Omar. Call for directions to meeting.

Every Tuesday, 7:00 pm

Amharic classes taught by Wondwossen Hailemariam, a new member who is a Native Ethiopian and fluent in Amharic.

#### **November Observations:**

6<sup>th</sup>: New Moon

13<sup>th</sup>: First Quarter Moon

21<sup>st</sup>: Full Moon

28<sup>th</sup>: Last Quarter Moon

#### **December Observations:**

5<sup>th</sup>: New Moon

13<sup>th</sup>: First Quarter Moon

19<sup>th</sup>: Lecture by High Priest Ptah Ra, Sabayet Cultural Center, 4400 Maffitt St.

21<sup>st</sup>: Birth of Ra, Full Moon, Winter Solstice

25<sup>th</sup>: Isis-Tree Festival of Eternal Life.

28<sup>th</sup>: Last Quarter Moon

#### **January Celebrations:**

January 1<sup>st</sup>: Feast of Seb (St. Seb) or Holy Ground.
January 21<sup>st</sup>: Feast of Water of Life, The Living Water, rains, rivers, etc., Saint Mirit.

## November, December, January Birthdays and Anniversaries

9<sup>th</sup>: Birthday of Chela Priestess Andromeda Rahman

A very happy birthday wish to all readers born in the months of November, December and January.

## **Self Development Classes Revived**



**Chela Priest Khalid Omar** 

The St. Louis Temple of Jeeze Culture has revived the self development classes that were taught in the Amun-Ra Temple.

The time set aside for these classes is every Friday evening at 7 pm. The classes are intensive and geared to demonstrating the utilization of the teachings of Fahamme in our everyday lives. For some participants changes in



Chela Priestess Andromeda Rahman

their life was immediately noticeable.

The classes are taught by Chela Priest Khalid Omar and Chela Priestess Andromeda Rahman and supervised by High Priest Ptah Ra. The initial lessons are taken from the Fahamme Catechism and participants have been amazed by the amount of information contained in the catechism lessons that is not

apparent.

A transcript of each lesson is provided to each class participant for study and review in order to garner an in-depth understanding of the lesson content. At the conclusion of the first phase of the current series, the plan is to gather the study materials into an extended edition of the Fahamme Catechism.

The classes are open to anyone desiring to join in. the only requirement is that you call ahead so that seating can be arranged. The class has grown swiftly and space is at a premium but we don't want to exclude anyone if we can make accommodation for them. Please call Chela Priest Khalid Omar at 314-393-1727 and express your interest in joining a session.

## Our Amharic Language Instructor By Khalid Omar



Wondwossen Hailemariam Amharic language teacher

As many of you know, we currently meet twice a week, once for self-development class on Fridays and again on

Tuesdays for Amharic. I would like to take a moment at this time to talk specifically concerning our language class, Amharic.

This class is taught by a powerful brother (ma mu he ri/teacher) by the name of Wondu, who is a native Aethiopian and who naturally speaks the language. Thus far, he has taught us how to pronounce all 258 Amharic characters and we have learned to write 72 of them.

We have also learned some basic conversational speech for meeting and greeting. And, we have also learned some colors. This is an exciting, fun, and fulfilling class and those who attend enjoy it immensely. We

would like to thank Brother Wondu for what he is doing for us and would like to let him know that we appreciate him from the bottom of our hearts. We would also like to thank his lovely wife and child for lending him to us.

## The importance of language

The ignorant among you are those who do not know their God, nor their ancestry, nor their history, nor have they a language of their own. But if they know a few words of their language and are studious, and do pray, and does good, and loves their Nation, and their Temples they will certainly live a happy life here, and hereafter in AHLU, the Garden of God.

## Day of Judgement and Justice Observation - September 22<sup>nd</sup>

**By Khalid Omar** 

In celebration of the Autumn Equinox, some members, friends and family of the Fahamme Temple of Jeeze Culture and Science gathered and dined at the Meskerem Ethiopian Restaurant located at 3210 S. Grand Blvd. The food, ambience and fellowship were all excellent. My wife and I also took the opportunity to celebrate our 10th Wedding Anniversary. In addition to giving my wife roses and providing a cake for all to share in this memorable occasion, I wrote this poem, asked the manager to read it aloud in Amharic and asked Brother Wondu if he would interpret it.

To my wife: I put into the universe the thought of the person that I wanted as my wife. And it was you. I imagined a woman with the qualities of a goddess, and you are that. You are intelligent, you are mild in manner and in speech, you are orderly, organized, methodical, patient, and merciful and you have understanding. You are the height of my imagination, you are a goddess and I need not ask for anything more. I love you more than a flower loves the rain and the Sun. You are a Godsend, and I thank him. I love you dearly. Your Husband Khalid



Seated left to right: Sis. Janice Brooks (wife of Manet Khufu), Chela Priestess Andromeda Rahman, Sis. Misrak Hailemariam (wife of Wondu), standing: Bro. Manet Khufu, Sis. Lillahi, Chela Priest Omar Khalid, and Bro. Wondu Hailemariam.



Chela Priest Omar Khalid and wife Sis. Lillahi.



Seated: Melekai (Wondu's son in forefront), Sis. Misrak (Wondu's wife), Sis Janice Brooks, and Bro. Manet Khufu.



The 10<sup>th</sup> Anniversary Cake

### The Cake By Chela Priest Khalid Omar

On a Monday in the not to distant past, I had the pleasure of chatting with a young brother in a program designed to assist youth who first offenders for possession of drugs. This young brother needed to build his self-esteem so I embarked on an effort to teach him of his powers and who he was.

I drew a circle on a piece of paper. Then I asked him to imagine that that circle was a cake. I then proceeded to identify some of the ingredients that may be in the cake, and I asked him to join in. We identified such ingredients as flour, eggs, sugar, milk, etc. Next, I cut the circle into eight equal parts. But that was insignificant, a feint so to speak. I put a tiny dot on the edge of the circle and drew an arrow to indicate that we were removing that portion from the circle. Then I asked him, if we removed that much from the cake, what are its ingredients. He intelligently answered, "all the ingredients in the cake". In an effort to be more

precise, I qualified his answer by saying that we have the same quality but not quantity, and he agreed. So then I asked, are you or we, all a part of God? He intelligently answered "yes we are". I then asked him to forget that the circle was a cake, but now think of it as God. I asked him to identify some components of the (ingredients) of God. We agreed on three. We agreed that He was Omnipotent (all powerful), Omniscient (all knowing) and Omnipresent (all present). He was familiar with the terms because his mentor had shared them with him. I said well, let's pretend that the circle is God and that little dot is you, if you are a part of the whole then aren't you everything that is in the whole, in quality but not quantity? He said "yes". So I said, doesn't that make you Omnipotent, Omniscient and Omnipresent? He said "yes". I said well why aren't you being taught that? He said "they don't want me to know". So brothers and sisters the educational system is not educating our children as to who they really are. We must do it. We are all gods and goddesses a part of God and we possess everything He possesses in quality just not in quantity. We only need to be developed to reach our full potential.

I wrote this story because I learned something from experience. The Holy Fahamme Prophet wrote an affirmation for us to use daily along with whatever we choose to add to it. As I was affirmation this making mv morning 8/31/2010, I received some additional understanding. The affirmation goes like this: "I affirm that I am a part of God and an heir to my share of all that He has and He has health, happiness, wealth and knowledge, wisdom and understanding. And He has peace, love, prosperity and joy and I affirm that He has taught me to be God." I understand now more clearly what is meant by me and my God being one, I have what He has in quality just not in quantity. I am and I have all that God is and has, and by knowing how to utilize my thought process correctly, I know how to obtain these things. Fahamme teaches you how to know and be who you really are.

Selah.

# Two Fahamme Sisters examine the rewards of a great effort and the abundance of Allah





Lillahi's raised garden and one of her giant cucumbers.



Sister Lillahi joins Sister Thaha in harvesting her crop.

Sister Thaha Aten lives in the "city" of St. Louis but this has not prevented her from having one of the nicest individual gardens I have ever seen. She produced Collard, string beans, kale, squash, peppers and a host of other wholesome vegetables. She says that walking in her garden with bare feet is also energizing and nurturing. Sister Lillahi also had a lovely garden where she produced Tomatoes, peppers, and cucumbers. Both sisters also grow a host of herbs.

## As The Holy Day Approaches

By C.P. Omar Khalid

The Winter Solstice (Birth of RA) is quickly approaching and we are preparing for the two annual events that we present at this time of the year; the lecture by the High Priest and the feast in celebration of the Birth of Ra. This year the lecture will be held at the normal location, the Sabayet Cultural Center, on Sunday, December 19th at five o'clock p.m. The center is located at 4000 Maffitt. As usual, we strive to make the current presentation better than the previous, and we have had some great lectures in the past, so expect this one to be over the top. Your presence can help us to make this possible.

This year, the Birth of Ra, December 21<sup>st</sup>, is on a Tuesday. Many suggestions have been discussed as to how we would celebrate it; at a restaurant, obtain a hall, have it catered or bring dishes, or at my home and bring dishes. At this point, we haven't decided definitely, but, having the event catered is at the top of the list. Our next administrative meeting is on Friday, November 19<sup>th</sup> before our normal Salat and Personal Development Class. If you would like to help with the planning and preparation for either of these two events, please feel free to join us on that evening. Salaam

#### Language Class Update By Chela Priestess Andromeda Rahman

Fahamme to one and I hope this note all! finds you all well. I am C. P. Andromeda and while attending the Amharic language class with Brother Wondu, (which has been going really well), I wanted to report to you what we have been learning and how you can get in on the action without being here with us. I wanted this to go into the newsletter SO that could benefit evervone from it. The textbook are using that we Colloquial Amharic by David Appleyard. It can ordered from bookstore, bought, used online or borrowed from your local library. It has 3 ISBN numbers because vou can order it with cassettes, CD's or just on its own. To assist with speeding your learning along, I have a website to recommend. http:// ethiopia.limbo13.com /index.php/amharic/ does very fine job of teaching you the characters or fidel (ፌደል) they are properly called. They show you the printed ones how to write them. They also have sound files so that you can learn to pronounce each one. However, the order on the site is not the same order as we are learning them. To keep in time with the classes and to

make it easier for you to follow along I will present the lessons 2 at a time to allow you 2 weeks on each one. The method suggested study is to isolate 15 minutes a day to just sit and practice writing new characters (ፌደል). Once you get the hang of this, it will take less time. Practice saving the LLA both you begin to before write them and as you write them. Once you have one line written a few times, go on to the next set and practice This way you them. start with the new & & & & and then review the old ones as well. Note: My English letters for the sounds are my method for ease of typing in Amharic/Geez. You may use whatever works for you to reproduce the sounds you hear on the website, cassettes CD's.

#### Week One:

B line: (1(be) (1(bu))
(1(bi) (1(ba)) (1(bie))
(1(bih) (1(bo))

<u>S line</u>:  $\hbar$ (se)  $\hbar$ (su)  $\hbar$ (si)  $\hbar$ (si)  $\hbar$ (sie)  $\hbar$ (sih)  $\hbar$ (so) the difference in se and sih is the line on top leans to the left for sih.

Thank you for joining me. Until we meet again here. Denaderu (good bye all).